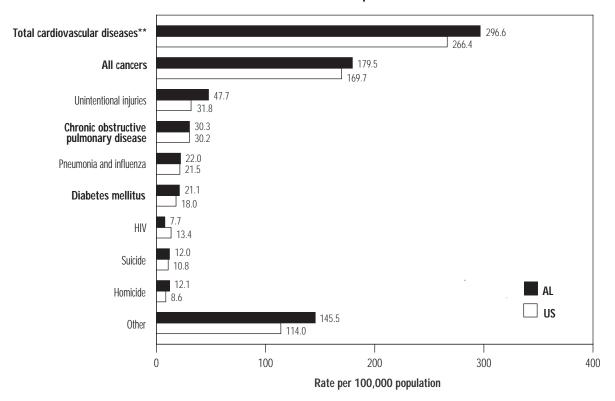
### **Alabama:** Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Alabama, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is sixth.
- In 1995, 69% of all deaths in Alabama were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, chronic obstructive pulmonary disease and diabetes were higher in Alabama than in the United States.

### Causes of Death, Alabama Compared With United States, 1995\*



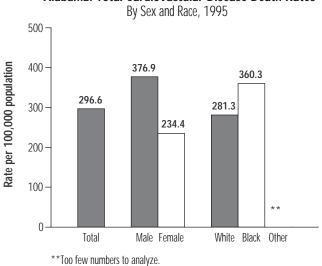
<sup>\*</sup>All data are age adjusted, 1970 total U.S. population.

<sup>\*\*</sup>Total cardiovascular disease death rates include rates of death due to ischemic heart disease (116.8 per 100,000 in Alabama and 135.2 per 100,000 in the United States) and rates of death due to stroke (46.6 per 100,000 in Alabama and 42.5 per 100,000 in the United States).

# **Alabama:** Cardiovascular Diseases

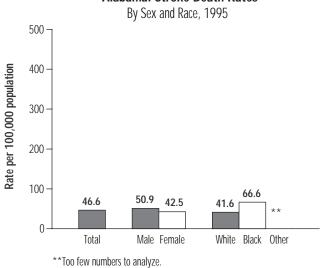
- Total cardiovascular diseases are the most common cause of death in Alabama, accounting for 38% of all deaths.
- Ischemic heart disease accounted for 39% of all cardiovascular disease deaths in Alabama in 1995; 6,607 people in Alabama died of ischemic heart disease.
- In 1995, 2,774 people in Alabama died of stroke.

### Alabama: Total Cardiovascular Disease Death Rates



### Alabama: Ischemic Heart Disease Death Rates By Sex and Race, 1995 500 Rate per 100,000 population 400 300 200 162.3 118.1 115.4 116.8 82.6 100 0 Total Male Female White Black Other \*\*Too few numbers to analyze.

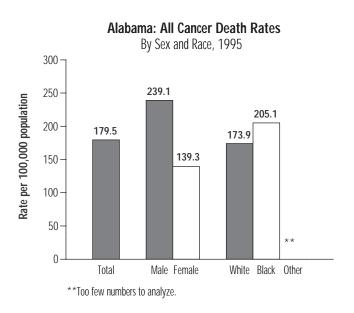
#### Alabama: Stroke Death Rates

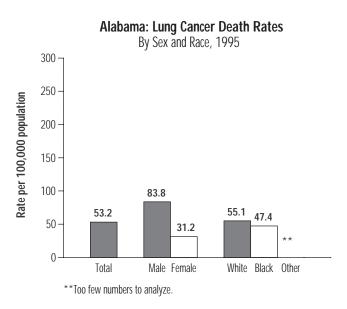


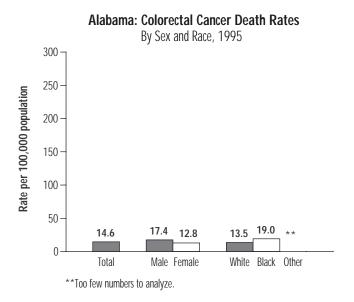
Note: All data are age adjusted, 1970 total U.S. population.

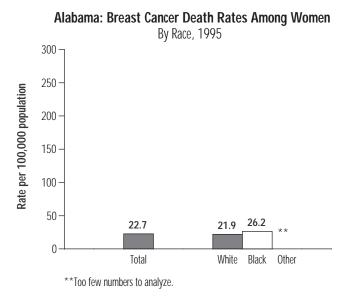
### Alabama: Cancer

- Cancer accounted for 23% of all deaths in Alabama in 1995; 9,413 people in Alabama died of cancer.
- In Alabama in 1995, 2,707 people died of lung cancer, 805 people died of colorectal cancer, and 649 women died of breast cancer.
- The American Cancer Society estimates that 3,100 new cases of lung cancer, 1,600 new cases of colorectal cancer, and 2,800 new cases of breast cancer will be diagnosed in Alabama in 1997.







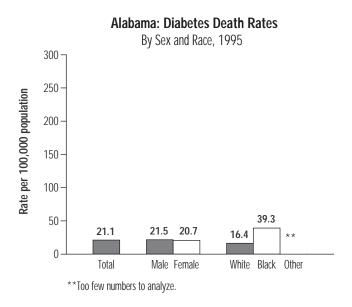


Note: All data are age adjusted, 1970 total U.S. population.

#### Alabama

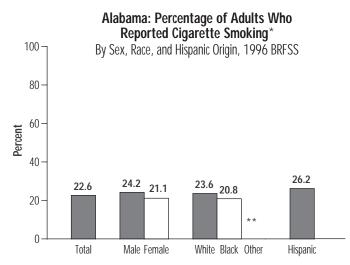
# **Alabama:** Diabetes

- In 1994, 140,476 adults in Alabama had diagnosed diabetes.
- Diabetes was the underlying cause of 1,159 deaths in Alabama in 1995.
- In 1993, diabetes was the most common contributing cause of 348 new cases of end-stage kidney disease in Alabama.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

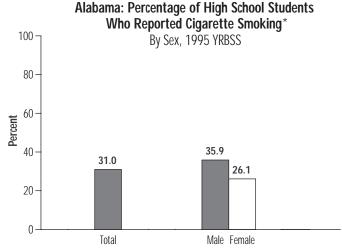


Note: All data are age adjusted, 1970 total U.S. population.

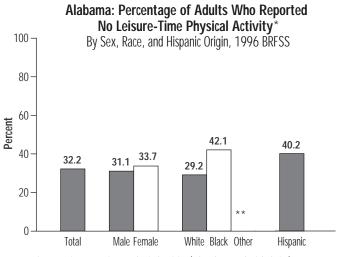
## **Alabama:** Risk Factors



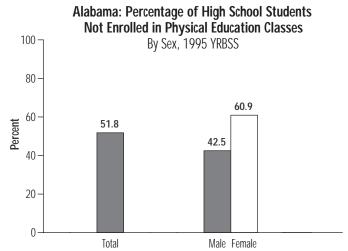
\*Ever smoked at least 100 cigarettes and now smoke every day or some days.



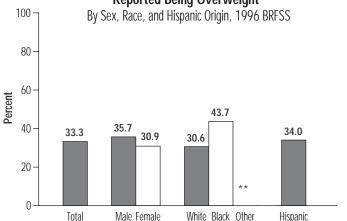
\*Smoked cigarettes on 1 or more of the 30 days preceding the survey.



<sup>\*</sup>No exercise, recreation, or physical activity (other than regular job duties) during the previous month.



#### Alabama: Percentage of Adults Who Reported Being Overweight\*



\*Body mass index  $\geq$  27.8 kg/m<sup>2</sup> for men and  $\geq$  27.3 kg/m<sup>2</sup> for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

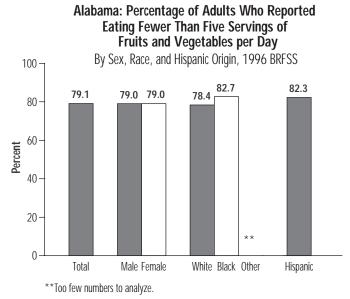
#### Alabama

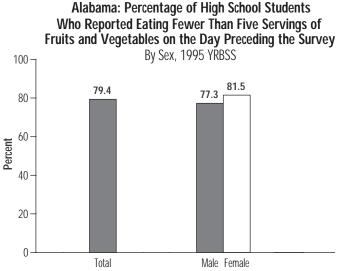
<sup>\*\*</sup>Too few numbers to analyze.

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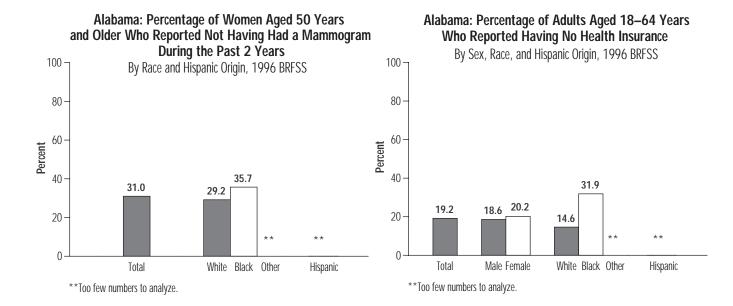
<sup>\*\*</sup>Too few numbers to analyze.

## **Alabama:** Risk Factors





### **Alabama:** Preventive Services



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.